

MASS TRANSIT CARD

August 7, 2022

19th Sunday of Ordinary Time

Wisdom 18:6-9 ■ Hebrews 11:1-2, 8-19 ■ Luke 12:32-48

"Do not be afraid any longer, little flock." —Luke 12:32

Jesus knows that everyone, even adults, are afraid sometimes. He knows that sometimes we have to do things that are scary or aren't very comfortable and we might worry if we'll be okay or what other people might say about us. Following Jesus and doing the right thing is sometimes harder and scarier than not doing the right thing. But he also tells us that no matter what, he'll be with us, so we don't have to be afraid.

Of course, sometimes we can't stop being scared just because someone tells us to. That's okay. Jesus never got angry at anyone or made fun of them for being afraid. The Bible tells us that even Jesus was afraid sometimes, so he knows what it's like. But maybe just remembering that Jesus said we don't have to be afraid can help us to feel stronger and braver about something hard we have to do. Try it sometimes!

Jesus, take away my fears when I am afraid. Or if you don't take them away, please help me to be "scave" which is scared and brave at the same time.

What things frighten you? What helps you feel less afraid or to be "scave"?

Answer the following questions together after Mass:

What Mass did you attend this week? _____

What color were the priest's vestments? _____

What was one new insight the homily gave you?

Was there something special you noticed at Mass today?

Family name: _____